

NACC 21st Annual Meeting

September 8-11, 2005

Santa Rosa, California



California Dreamin' . . .

Featured Speakers



Nancy Bardacke, CNM, MA is the founding director of the Mindfulness-Based Childbirth and Parenting (MBCP) Education Program. Assisting birthing families since 1971, she has attended births in homes, birth centers and hospitals. Ms. Bardacke graduated from the UCSF/SFGH Nurse-Midwifery Program in 1981 and was on the Nurse-Midwifery Faculty of Educational Programs Associates from 1994-98. A meditation practitioner since 1982, she completed Mindfulness-Based Stress Reduction (MBSR) Professional Training in 1994 and Advanced Mindfulness Instructors Training in 1998 through UMass Medical Center. She also teaches MBSR courses for birthing professionals.

Nancy Bardacke will present the opening address "Breath by Breath ~ Mindfulness for Childbirth and Beyond" on Thursday, September 8th.

Phyllis Klaus, MFT, CSW is a licensed psychotherapist and social worker. Formerly on the faculty of the Department of Family Practice, Michigan State University, she currently teaches and practices at the Milton H. Erickson Institute in Santa Rosa, California; and also practices in Berkeley, California, providing psychotherapy; hypnotherapy; and counseling, and consulting to individuals, couples, families and groups. She has been working with the concerns of families in the perinatal period for the past 30 years.

Ms. Klaus has extensive experience in treating trauma-related disorders, such as PTSD, dissociative disorders, and adult survivors of abuse. She consults and presents workshops nationally and internationally and is co author of several articles and books including *When Survivors Give Birth*.

Phyllis Klaus will present the closing address "Caring for the Caregiver: The Importance of Self-Healing" on Sunday, September 11th.



Penny Simkin, PT, is a physical therapist who has specialized in childbirth education since 1968. She estimates she has prepared over 9,000 women, couples, and siblings for childbirth. She has assisted hundreds of women or couples through childbirth as a doula. Ms. Simkin is the author of many books on birth for both parents and professionals. Through independent study and her work as a birth counselor, she has developed a counseling approach for pregnant survivors of sexual abuse. This work is described in the book, *When Survivors Give Birth*, which she co-authored with Phyllis Klaus. Today her practice consists of childbirth education, birth counseling, and labor support, combined with a busy schedule of conferences and workshops.

Penny Simkin will present the luncheon address "When Survivors Give Birth" on Saturday, September 10th.



Michael Policar, MD, MPH is a widely known speaker with particular interest in health delivery systems and women's health issues. He is Vice President of Medical Affairs and Chief Medical Officer of the NorthBay Healthcare System in Fairfield, California and is an Associate Clinical Professor of Obstetrics, Gynecology, and Reproductive Sciences at the University of California, San Francisco, School of Medicine. Dr. Policar has authored a number of chapters in medical textbooks, including the current and past editions of *Contraceptive Technology*. He is chair of the Clinical Practice Committee of the California Office of Family Planning's Family PACT program and is a former appointee to the California Women's Health Council.

Dr. Michael Policar will present the concurrent session "Women's Health Care Pharmacology Update" on Saturday, September 10th.

SAVE with the Early Bird Discount ~ register by July 31st

Pre-Convention Workshops

PC1: How to Start a Birth Center

Date: September 7-8, 2005 (Wed./Thurs.)

Time: 8:30 a.m. - 7:00 p.m. (Wed) / 8:30 a.m. - 5:00 p.m. (Thurs)

Fee: \$549 - Non Member One FREE registration to
\$499 - NACC Member NACC Developing BC Members
\$299 - Full Time Students

This pre-convention workshop is a full two-day conference. The interactive workshop addresses the many issues one needs to consider when exploring the development of a birth center. You will learn first hand from birth center personnel and will tour an accredited birth center.

The workshop will cover the topics: overview of birth centers, operations, the business of birth centers, birth center tour and practicum, continuous quality improvement, start-up, marketing, and next steps and resources.

Kitty Ernst, CNM, MPH; Kathryn Schrag, CNM, MSN; Rosanne Gephart, CNM, MS; Patrice Montoya, RN, IBCLC



PC2: Focus on the Newborn:

How Birth Interventions Affect Breastfeeding

Date: September 8, 2005 (Thursday)

Time: 9:00 a.m. - 12:30 p.m.

Fee: \$69 - NACC Member \$79 - Non Member

This pre-convention workshop will include three presentations:

Effects of Birth Intervention on Breastfeeding: Patrice Montoya will present best practices to reduce the impact of birth intervention on a newborn's ability to breastfeed.

Hypoglycemia in the Breastfeeding Newborn: Neonatologist Dr. David Lee will discuss screening for and the evaluation and treatment of hypoglycemia in the breastfed newborn. He will review the barriers that hypoglycemia poses to establishing breastfeeding and how to create a treatment plan for the hypoglycemic baby that integrates the mother's desire to breastfeed.

Vitamin D Supplementation... Is it Necessary?: Rosanne Gephart will review the physiology and importance of Vitamin D and discuss the AAP recommendations related to sun exposure of infants. Participants will learn how to assist parents in decision-making about Vitamin D supplementation.

Rosanne Gephart, CNM, IBCLC, MSN; David Lee, MD; Patrice Montoya, RN, IBCLC



PC3: NACC Uniform Data Set 3.0 Training

Date: September 8, 2005 (Thursday)

Time: 9:00 a.m. - 4:00 p.m.

Fee: FREE

Come learn how to use the new Windows-based NACC Uniform Data Set. The workshop will include a demonstration of installation and use of the program, including how to generate site-specific reports. Participants will also learn how to design a system for data collection in their practices.

Susan Stapleton, CNM, MSN

CABC Workshops

PC4: Achieving and Maintaining Birth Center Accreditation

Workshop content focuses on the flow and time frame of the process, completion of necessary paperwork, the site visit, and how site visitors measure a center's compliance with the NACC Standards for Birth Centers.

PC5: CABC Site Visitor Training

Would you like to become a CABC site visitor? Then this workshop is for you. All aspects of the accreditation process are thoroughly reviewed.

For more information or to register for these workshops please contact the Commission for the Accreditation of Birth Centers at (215) 679-4833.



NACC 21st Annual Meeting

September 8-11, 2005 ~ Hyatt Vineyard Creek ~ Santa Rosa, California

California Dreamin'. . . .



Thursday ~ September 8th

8:30 a.m. - 5:00 p.m.

PC1: How to Start A Birth Center

See page 2 for a full description. (Day 2 of 2)

8:00 a.m. - 12:30 p.m.

PC4: Achieving & Maintaining Birth Center Accreditation

See page 2 for a full description.

9:00 a.m. - 12:30 p.m.

PC2: Focus on the Newborn: How Birth Interventions Affect Breastfeeding

See page 2 for a full description.

9:00 a.m. - 4:00 p.m.

PC3: NACC Uniform Data Set 3.0 Training

See page 2 for a full description.

1:30 p.m. - 5:15 p.m.

PC5: CABC Site Visitor Training

See page 2 for a full description.

1:30 p.m. - 3:30 p.m.

California Association of Birth Centers Meeting

4:30 p.m. - 6:30 p.m.

Birth Center Directors Network Meeting & Reception

The Birth Center Directors Network is for the clinical and administrative directors of birth centers. Come and explore common issues with an open dialogue in an environment of mutual respect and support. Please register on page 7. Facilitator: Linda Cole, CNM, MSN

7:00 p.m. - 8:30 p.m.

OPENING SESSION

Welcome

Children's Parade ~ A NACC Tradition

Opening Address: Breath by Breath ~ Mindfulness for Childbirth and Beyond

Nancy Bardacke will describe the profound benefits experienced by expectant parents who learn the life skill of mindfulness in the Mindfulness-Based Childbirth and Parenting (MBCP) Education Program. The MBCP Program offers parents-to-be the opportunity to use the remarkably transformative time of pregnancy and childbirth to learn the practice of mindfulness for working with the stress, pain and fear that are often a normal part of this profound journey into the unknown. The practice of mindfulness becomes not only a way of birthing but a resource for healthy living and parenting with awareness, kindness, connectedness and care. Nancy Bardacke, CNM, MA

8:30 p.m. - 10:00 p.m.

Welcome Reception / Exhibit Hall Opening

Come to the Welcome Reception and visit the exhibitors, see artist demonstrations, meet up with old friends and make new ones.

Friday ~ September 9th

7:15 a.m. - 8:15 a.m.

Breakfast in the Exhibit Hall / Committee Meetings

8:30 a.m. - 10:00 a.m.

General Session: Surviving the Malpractice Insurance Crisis

When your liability insurance premiums are soaring, what can you do to ensure the viability of your practice? This panel presentation will look at the status of the liability insurance industry and what we can do to minimize our risk. It will also include presentations from birth centers who have gone bare or are exploring and implementing alternative solutions. Jill Alliman, CNM, MSN; Leonette Clayson, CNM, FNP; Rosanne Gephart, CNM, IBCLC, MSN; Israel Teitelbaum, JD

10:15 a.m. - 11:15 a.m.

General Session: Collaborative Physician Panel

Collaborative physicians from three birth centers will discuss why they became and continue to be involved with birth centers. They will talk about their relationships with the birth centers and how they have resolved issues that have arisen over the years. Josh Gettinger, MD; Ashley Weinert, MD; Naomi Stotland, MD

11:15 a.m. - 12:15 p.m.

NACC Business Meeting 1: REBIRTH ~ NACC & Birth Centers

An important business meeting as the NACC Board of Directors presents the strategic plan for the future including a proposed name change.

12:15 p.m. - 2:15 p.m.

Come to the Exhibit Hall for a Networking Lunch, Artist Demonstrations and Committee Meetings

2:15 p.m. - 3:45 p.m.

NACC Foundation Board Meeting

2:15 p.m. - 3:45 p.m.

CONCURRENT SESSIONS 1

CS1: Expecting the Unexpected

This popular session will look at what we can learn from experienced providers in diagnosing and managing unexpected emergencies in out-of-hospital births. The session will include a presentation and group discussion of actual case studies. Ashley Weinert, MD

CS2: Billing & Coding ~ Beyond the Basics

Billing and coding for reimbursement can be one of the more frustrating jobs in a birth center or midwifery practice. This concurrent session will teach you how to avoid receiving denied claims, what to do when your claim is denied and how to write an effective appeal. It will also provide participants with foundational knowledge of facility-based coding, provide resources for assistance, and create a circle of influence among members who have had success in this area. Marnie Cabezas-Skorupa, CPM; Lori Lincoln, CNM, RHIA, MSN

CS3: Integrating Art & Birth ~ What is Creation?

This concurrent session will explore the integration of art and birth. The artist creating a form of expression and the mother bringing forth a child are participating in the enactment of life force energy manifesting itself. Lynn Creighton, MFA

4:00 p.m. - 5:30 p.m.

CONCURRENT SESSIONS 2

CS4: Postpartum Depression ~ Impact on Breastfeeding

This presentation will examine the nature of postpartum depression and the incidence of symptomatology when measured by standardized instruments. Women who are not symptomatic for depression are compared with women who screened positive for symptoms of PPD with respect to duration of breastfeeding. Reasons for discontinuation are discussed with recommendations for strengthening the success of the lactational experience for the mother-infant dyad for women who are concurrently experiencing postpartum depression. Anne Mitchell, CNM, PhD

CS5: The How's and Why's of Becoming a Non-Profit

Many birth centers are considering non-profit status as a way to enhance the survivability of their organizations. This concurrent session will explore the pros and cons of non-profit status including the perspectives of two centers that have gone from for-profit to non-profit. Participants will also learn the fundamentals of how to form a non-profit organization. Laura Alexander, MA; Rebecca Benghiat, JD; Lisa Litton, CNM, MS; Rita Rhoads, CNM, CFNP, MPH

5:30 p.m. - 6:30 p.m.

CABC Advanced Site Visitor Training

This workshop is for site visitors to come together, share experiences, discuss problems, and review updated paperwork. Denise Roy, CNM, MSN; Tammy Hartzell

7:00 p.m. - 10:00 p.m.

The Wonder of Wine

NACC Foundation FUNd Raising Dinner Party & Auction



Join us for a festive evening and learn about California's great wines. In September Sonoma County will be in the midst of "the crush" ~ immediately after the harvest when the grapes are made into wine. We have the great pleasure of having the winemaker from Taft Winery join us to teach us the finer points of wine tasting.

The evening would not be complete without the Foundation's auction. There will be a silent auction as well as items auctioned live by our own resident auctioneer, Kitty Ernst.

Tickets: \$70 in advance, \$75 at the convention. Includes dinner. Reserve your tickets on page 7.

Auction Items: We welcome your donations for the auctions. Some examples of past auction items include gift certificates, jewelry, art, vacations, antiques, and gift baskets. Fill in the box on the bottom of page 7 or call Kate Bauer at 215-234-8068.

All proceeds benefit the NACC Foundation (a 501(c)3 not-for-profit). The NACC Foundation is dedicated to the advancement of the NACC birth center model as the standard for community-responsive maternity and women's health care.

What past participants say about the NACC convention:

"Very knowledgeable speakers presenting great material. Well organized. Had a great time and will go home motivated and inspired!"

"After a year out of practice, I received good updates on both clinical and administrative topics. It was good to come to the conference!"

"Re-energized and reinforced the drive within me to continue to provide birth center care."

Saturday ~ September 10th

7:15 a.m. - 8:15 a.m.

Breakfast in the Exhibit Hall / Committee Meetings

8:30 a.m. - 10:00 a.m.

General Session: Our World. . . Our Health

Chemical body burdens (the presence of chemicals in our body and in our community) have health implications for all but especially for pregnant and nursing mothers. Dr. Kim Hooper will discuss why and how this is monitored and how to avoid exposures. Expanding on this, architect George Beeler will present the basics on how to be green in your buildings and your life. Kim Hooper, PhD; A George Beeler

10:15 a.m. - 11:15 a.m.

General Session: Town Hall ~ VBACs in Birth Centers.

The 10 year NACC Study of VBACs in Birth Centers (published in the Green Journal) has raised many issues in the birth community. This town hall is your opportunity to ask questions of the study authors and voice any concerns you may have. Judith Rooks, CNM, MPH; Kitty Ernst, CNM, MPH; Susan Stapleton, CNM, MSN

11:15 a.m. - 12:15 p.m.

OPEN FORUM

12:30 p.m. - 2:00 p.m.

Awards Luncheon: When Survivors Give Birth

We invite you to join us for the presentation of the NACC Achievement Awards. This will be followed by a presentation from Penny Simkin on understanding and healing the effects of early sexual abuse on child-bearing women. Penny Simkin, PT

1:00 p.m. - 2:30 p.m.

Exhibit Hall Open

Join us for a dessert, a book-signing and artist demonstrations.

2:30 p.m. - 5:30 p.m.

CONCURRENT SESSIONS 3

CS6: GYN Update and Alternative Therapies

HPV & Nutritional Therapies: Vanessa Ross will provide an overview of nutritional therapies for cervical dysplasia caused by HPV. She will review a case study of a patient who treated severe dysplasia with alternative remedies.

Incontinence and Pelvic Floor Exercises: Karen Kurtovich will discuss urinary incontinence in terms of pelvic floor muscle function and their role in maintaining continence. She will also present beneficial exercises in the treatment of this condition.

Early Detection with Thermal Breast Imaging: Doctors Robert Krane and Jody Potikaer will present on the use of thermal breast imaging for early detection of breast cancer.

Robert Krane, DC, DABCT, FIACT; Karen Kurtovich, PT; Jody Potiker, DC; Vanessa Ross, CNM, MSN

CS7: How to Develop a Win-Win Doula Program

This concurrent session will teach you how to create a doula program that results in profit for your birth center, better birth outcomes, greater client satisfaction with your services, and career opportunities for your doulas. Debbie Merritt, CD; Rosanne Gephart, CNM, MSN

CS8: Women's Health Care Pharmacology Update

Enhance your pharmacology knowledge base at this concurrent session. Dr Michael Policar will present recent advances in pharmacologic management of a range of women's health conditions including contraception, STIs, infertility/PCOS and cervical ripening. Michael Policar, MD, MPH

5:30 p.m.

Birth Center Tour & Vineyard Dinner

The Women's Health & Birth Center invites you to a birth center tour & dinner at the Mill Creek Vineyard.

What would a NACC convention be without a tour of the local birth center? The staff and friends of the Women's Health & Birth Center invite you to visit their birth center in Santa Rosa, a nationally accredited and state licensed birth center established in 1993. Light refreshments and transportation will be provided.

Stay a little longer and savor the bounty of Sonoma County as we visit the beautiful Mill Creek Vineyard for wine tasting and dinner under the stars. The vineyard offers breathtaking vistas of the Dry Creek Valley. Transportation will be provided.

Tickets for the Birth Center Tour are \$20 in advance, \$25 at the convention. Tickets for the Vineyard Dinner (includes the Birth Center Tour) are \$65 in advance, \$70 at the convention. Space is limited - don't be disappointed.

Sunday ~ September 11th

7:30 a.m. - 8:45 a.m.

NACC Business Breakfast Meeting

9:00 a.m. - 10:30 a.m.

General Session: Turning Breech and OP Babies Panel

This panel presentation will explore alternative methods for turning breech and occiput posterior babies prenatally and in labor. These methods include moxabustion, use of a rebozo, and postures/positioning. Laurel Brody, LAc, BA; Penny Simkin, PT, BA; Melinda Hoskin, CNM

10:45 a.m. - 11:45 a.m.

General Session: Circle of Health ~ Birth Centers Reaching Out in Crisis.

When Sri Lanka was devastated by the Tsunami, Cynthia Flynn and Lylaine Gavette joined the relief efforts to help the women and children of this ravaged nation. They will discuss the SriLankan model of midwifery care; how it was disrupted by the tsunamis; the recovery efforts that followed; and how we can continue to help our midwife sisters. Cynthia Flynn, CNM, PhD; Lylaine Gavette, CNM, MS

11:45 a.m. - 12:45 p.m.

CLOSING SESSION: Caring for the Caregiver ~ The Importance of Self-Healing.

Caregivers involved in the intensity of events in child-bearing, with its commitment of caring, compassion, and time, may experience episodes of emotional and physical fatigue. Therefore, caregivers must also tend to their own physical, emotional, and interpersonal needs to enhance well-being, prevent burnout and reduce stress. This presentation will describe some methods to help manage typical stresses and emerge re-energized. Phyllis Klaus, MFT, CSW

1:15 p.m. - 6:00 p.m.

NACC Board of Directors Meeting 1

Monday ~ September 12th

7:30 a.m. - 11:30 a.m.

NACC Board of Directors Meeting 2



Program Faculty



Jill Alliman, CNM, MSN

Center Director, Women's Wellness & Maternity Center ~ Madisonville, TN

Laura Alexander, MA

Executive Director, Birth & Women's Health Center ~ Tucson, AZ

Nancy Bardacke, CNM, MA

Founding Director, Mindfulness Based Childbirth & Parenting Education Program ~ Oakland, CA

A George Beeler, BA

Principal Architect, AIM Associates ~ Petaluma, CA

Rebecca Benghiat, JD

Executive Director ~ Friends of the Birth Center ~ New York, NY

Laurel Brody, LAc, BA

Owner, Harmony Healing Center ~ Sebastopol, CA

Marnie Cabezas-Skorupa, CPM

Owner, Midwife's Billing Service, Inc. ~ Wendell, MA

Leonette Clayson, CNM, FNP

Owner/Director, Inland Midwife Services ~ Redlands, CA

Lynn Creighton, MA

Instructor, California Lutheran University ~ Ventura, CA

Kitty Ernst, CNM, MPH

Mary Breckinridge Chair of Midwifery, FSMFN ~ Perkiomenville, PA

Cynthia Flynn, CNM, PhD

Director, Columbia Birth Center ~ Kennewick, WA

Lylaine Gavette, CNM, MS

Executive Director, Phoenix Developing Families Center ~ Phoenix AZ

Rosanne Gephart, CNM, IBCLC, MSN

Director, Women's Health & Birth Center ~ Santa Rosa, CA

Josh Gettinger, MD

Family Practitioner, Family Practice Associates ~ Madisonville, TN

Tammy Hartzell

Administrator, CABC ~ East Greenville, PA

Melinda Hoskin, CNM

Women's Health & Birth Center Santa Rosa, CA

Kim Hooper, PhD

Hazardous Materials Laboratory Department of Toxic Substances Control, CA EPA - Berkeley, CA

Phyllis Klaus, MFT, CSW

Psychotherapist, Milton Ericson Institute ~ Berkeley, CA

Robert Krane, DC, DABCT, FIACT

Clinical Thermalogist, Woodside Thermal Imaging Redwood City, CA

Karen Kurtovich, PT, BS

Physiotherapy Associates ~ Roshnert Park, CA

David Lee, MD

Neonatologist, San Francisco Neonatology Medical Group San Francisco, CA

Lori Lincoln, CNM, MSN, RHIA

Sales Representative, digiChart Nashville, TN

Lisa Litton, CNM, MS

Nurse-Midwife, Birth & Women's Health Center ~ Tucson, AZ

Debbie Merritt, CD

Comprehensive Perinatal Health Worker, Women's Health & Birth Center ~ Santa Rosa, CA

Anne Mitchell, CNM, NP, PhD

Assistant Professor, Oakland University ~ Rochester, Michigan

Patrice Montoya, RN, IBCLC

Nursing Director, Women's Health & Birth Center ~ Santa Rosa, CA

Michael Policar, MD, MPH

VP Medical Affairs/Chief Medical Officer, North Bay Healthcare System ~ Fairfield, CA

Jody Potiker, DC

Clinic Director, Thermography of Sonoma County ~ Sebastopol, CA

Rita Rhoads, CNM, CFNP, MPH

Independent Consultant ~ Quarryville, PA

Judith Rooks, CNM, MPH

Epidemiologist ~ Seattle, WA

Vanessa Ross, CNM, MSN

Nurse-Midwife, Sutter West Women's Health ~ San Francisco, CA

Denise Roy, CNM, MSN

President, CABC ~ Audubon, PA

Kathryn Schrag, CNM, MSN

Founder, Birth & Women's Health Center - Tucson, AZ

Penny Simkin, PT, BA

Physical Therapist, Doula Seattle, WA

Susan Stapleton, CNM, MSN

Director, Reading Birth & Women's Center ~ Reading, PA

Naomi Stotland, MD

Asst Adjunct Prof., University of California, SF ~ San Francisco, CA

Israel Teitelbaum, JD

Owner, Contemporary Insurance Services ~ Silver Spring, MD

Ashley Weinert, MD

Santa Rosa, CA

Hyatt Vineyard Creek Hotel & Spa

The NACC 21st Annual Meeting will be held at the **Hyatt Vineyard Creek Hotel & Spa** located in the heart of Sonoma Wine Country in Santa Rosa, California. Resort-style amenities abound at this luxury hotel with the look and ambience of a Mediterranean villa. The Amphora Spa has nine treatment rooms, two relaxation lounges, a steam room, a boutique, a nail salon, and locker rooms stocked with slippers, spa robes, and towels. A large outdoor pool and spa tub are located on an expansive deck surrounded by gardens.

The hotel is one hour north of San Francisco and Oakland, it is only a short drive from the Pacific Ocean, the redwoods, and over 100 great local wineries. Enjoy shopping, local culture, the Charles Schulz Memorial Park and Historic Railroad Square, all just steps away.

Room Rates: \$129 single / double

Reservations: Call 1-800 233-1234 or (707) 284-1234 and mention NACC to receive the conference rate. Reservations must be made by **August 15, 2005** to be guaranteed the group rate.

Make your hotel reservations with the confidence of knowing that you are getting the best rate. NACC makes every effort to ensure that our conference participants receive a low rate. It is important for NACC that you stay at the conference hotel and book your room in NACC's room block. By filling our room block, we can keep conference costs down and continue to offer convention discounts.



Continuing Education Credit

NACC has applied for continuing education approval from the American College of Nurse-Midwives (ACNM) and the Pennsylvania State Nurses Association (PSNA). Registrants will be notified of the number of CEUs approved.

The pre-convention workshop, "How to Start a Birth Center" is approved as an independent offering by the American College of Nurse-Midwives (16 contact hours or 1.6 CEU) and by the Pennsylvania State Nurses Association (18 contact hours) an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Scholarships

The NACC Foundation will award the Lisa Ross Memorial Scholarship for a birth center midwife to attend the NACC convention. For more information, please contact Kate Bauer at (215) 234-8068 or by email at KBauerNACC@comcast.net.

Meetings At A Glance

NACC Board of Directors Meetings

Sunday (9/11) 1:15 - 6:00 p.m.

Monday (9/12) 7:30 - 11:30 a.m.

NACC Business Meetings

Friday (9/9) 11:15 - 12:15 p.m.

Sunday (9/11) 7:30 - 8:45 a.m.

Open Forum

Saturday (9/10) 11:15 - 12:15 p.m.

NACC Committee Meetings

Friday (9/10) 7:15 - 8:15 a.m.

Saturday (9/10) 7:15 - 8:15 a.m.

Birth Center Directors Network Meeting

Thursday (9/8) 4:30 - 6:30 p.m.

NACC Foundation Board Meeting

Friday (9/9) 2:15 - 3:45 p.m.

It's Easy to Register...

BY PHONE

215-234-8068
(9 AM - 5 PM EDT)

BY FAX

215-234-8829

ONLINE

www.BirthCenters.org

BY MAIL

NACC
3123 Gottschall Road
Perkiomenville, PA 18074

Conference Fees

General registration includes attendance at all sessions (not including pre-convention workshops), breakfasts, lunches, and receptions. Daily registration includes all education sessions and meal functions for that day. Payment is accepted in U.S. dollars only. We accept payment in the form of check, money order, authorized purchase order or credit card (Visa, MasterCard or American Express)

Save 20% with the NACC SuperSaver

Discount - Send more than one person from your group or center and save 20% on the additional registration. See the registration form to take advantage of this savings.

Membership Status - If you are not a member, but would like to take advantage of the member registration rate, you are encouraged to take this opportunity to support NACC in its efforts to make birth center care available to every childbearing family. Please complete and return the membership application on page 8 and the annual dues with your conference registration form.

Full Time Students - Full-time students may join the Association as Special Members and register at the discounted Special Member rate.

Transfer/Cancellation Policy

Notice of cancellation of registration for the conference must be received no later than September 6, 2005 in order to be eligible for a refund. A processing fee of \$35 will be deducted from each refund.

Child Care Policy

Out of respect for others, participants must arrange for childcare (including infants) for education sessions at NACC conferences. Infants and children are not permitted in the room during education sessions.

Registration Form

NACC Membership Number: _____ I will vote for my birth center at the Business Meetings
 Name for Badge: _____ Degrees: _____
 Position/Title: _____ Institution: _____
 Address (W, H): _____ City: _____
 State: _____ Zip: _____ Country: _____ Phone (W, H): _____
 Fax: _____ E-mail: _____ **Special Needs:** Vegetarian Meals other: _____



Save 20% NACC SuperSaver Discount:

Save 20% on additional registrations from the same organization. Please use a separate registration form for each registrant. Make copies of this form as needed. Questions? Call Marie Kunz at (215) 234-8068 or email ReachNACC@BirthCenters.org.

A. General & Daily Registration

<u>GENERAL REGISTRATION</u>	Early Bird Rec'd by 7/31	Regular Rec'd after 8/1
<input type="checkbox"/> NACC Members	\$380	\$425
<input type="checkbox"/> NACC Special Members	\$270	\$300
<input type="checkbox"/> Non-Members	\$495	\$550

NACC SuperSaver Discount (Save 20% with Add'l Registrations)

<input type="checkbox"/> Add'l NACC Members	\$304	\$340
<input type="checkbox"/> Add'l NACC Special Members	\$216	\$240
<input type="checkbox"/> Add'l Non-Members	\$396	\$440

OR

DAILY REGISTRATION

<input type="checkbox"/> Thursday Night	\$ 35	\$ 40
<input type="checkbox"/> Friday	\$185	\$205
<input type="checkbox"/> Saturday	\$185	\$205
<input type="checkbox"/> Sunday	\$ 90	\$100

Subtotal A: \$ _____

B. Concurrent Sessions

CONCURRENT SESSIONS 1: Friday (9/9) 2:15 - 3:45 p.m.

- CS1: Expecting the Unexpected
- CS2: Billing & Coding ~ Beyond the Basics
- CS3: Integrating Art & Birth

CONCURRENT SESSIONS 2: Friday (9/9) 4:00 - 5:30 p.m.

- CS4: Postpartum Depression ~ Impact on Breastfeeding
- CS5: The How's & Why's of Becoming a Non-Profit

CONCURRENT SESSIONS 3: Saturday (9/10) 2:15 - 5:15 p.m.

- CS6: GYN Update and Alternative Therapies
- CS7: How to Develop a Win-Win Doula Program
- CS8: Women's Health Care Pharmacology Update

C. Pre-Convention Workshops

PC1: How to Start a Birth Center

- \$499 - NACC Members
- \$449 - Additional NACC Members from same organization
- Free - Developing Birth Center Member
- \$549 - Non Members -
- \$449 - Additional NACC Members from same organization
- \$299 - Full-Time Student - school: _____
- CNEP Student, class # ____ (reg. fee included in school tuition)

PC2: Focus on the Newborn ~How Birth Interventions Affect Breastfeeding

- NACC Members - \$69
- Non-Members - \$79

PC3: NACC Uniform Data Set 3.0 Training

- Free

Subtotal C: \$ _____

D. Special Events

Birth Center Directors Network Meeting (Thurs, 9/8) _____ x \$20 = \$ _____

THE WONDER OF WINE (Friday, 9/9) _____ x \$70 = \$ _____
 NACC Foundation's FUNd Raising Dinner & Auction

Birth Center Tour & Dinner at Vineyard (Sat, 9/10) _____ x \$65 = \$ _____

Birth Center Tour Only (Sat, 9/10) _____ x \$20 = \$ _____

Subtotal D: \$ _____

E. Extra Tickets - Do you need extra tickets for a spouse or friend?

Networking Lunch (Friday, 9/9) _____ x \$20 = \$ _____

Awards Luncheon (Saturday, 9/10) _____ x \$30 = \$ _____

Business Breakfast Meeting (Sunday, 9/11) _____ x \$15 = \$ _____

Subtotal E: \$ _____

TOTAL: A: _____ + C: _____ + D: _____ + E: _____ = \$ _____

PAYMENT METHOD

- Check or money order payable to **NACC**.
- MasterCard / Visa / American Express
 # _____ Exp Date: _____
 Billing Address: _____ Zip: _____

RETURN REGISTRATION TO:

National Association of Childbearing Centers
 3123 Gottschall Road ~ Perkiomenville, PA 18074
 phone (215) 234-8068 ~ fax (215) 234-8829
 ReachNACC@BirthCenters.org ~ www.BirthCenters.org

NACC Foundation Silent Auction

Yes I will donate an item(s) for the NACC Foundation's Silent Auction.

Item: _____
 Value \$ _____ I will bring to convention I will send to NACC

Item: _____
 Value \$ _____ I will bring to convention I will send to NACC

For office use only: \$ _____ Chk # _____ CC Reference # _____
 Journalized _____ Database: _____ Confirmed: _____

NACC Membership Form

I do NOT want to be listed in the Membership Directory

New Member Renewal

Member's Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____ Country: _____

Telephone (H / W): _____ Fax: _____

E-mail: _____ Website: _____

If Birth Center or Institution: Contact Person: _____ Degrees: _____ Title: _____

If Individual: Name of Workplace: _____ Degrees: _____ Title: _____

I and/or my institution affirm support for the NACC and its mission, and agree with the NACC philosophies and purposes and standards for birth centers. Initial: _____

BIRTH CENTER MEMBERS

ESTABLISHED BIRTH CENTER MEMBER

- BCA: Gross receipts < \$100,000 ~ Dues \$400
- BCB: Gross receipts < \$500,000 ~ Dues \$600
- BCC: Gross receipts > \$500,000 ~ Dues \$1200

Benefits: Information Packet, sample Policies and Procedures Manual, Standards, participation in NACC Sisters Center Program, free listing in the NACC Online Birth Center Directory, discounted member rates for NACC events and publications, NACC News, telephone information network, membership directory.

DEVELOPING BIRTH CENTER MEMBER

- First Year Dues \$800 / Renewal Dues \$400

Designed especially for individuals, groups or institutions exploring the establishment of a birth center. Benefits: 1 FREE registration to the Birth Center Workshop, Workshop Manual, Information Packet, sample Policies and Procedures Manual, Standards, participation in NACC Sisters Center Program, discounted member rates for NACC events and publications, NACC News, telephone information network, membership directory. Renewal does not include workshop registration. Renewal dues for a Developing Birth Center Member are \$400.

PAYMENT METHOD

Check or money order payable to **NACC**.

MasterCard / Visa / American Express

Expiration Date: _____ \$ _____

Name on Card: _____

Signature: _____

Billing Address: _____

SEND MEMBERSHIP FORM TO:

National Association of Childbearing Centers

3123 Gottschall Road ~ Perkiomenville, PA 18074

phone (215) 234-8068 ~ fax (215) 234-8829

e-mail: ReachNACC@BirthCenters.org

website: www.BirthCenters.org

SUSTAINING MEMBERS

LIFETIME ~ Dues \$2025

For individuals only. Benefits: life membership in the Association, Information Packet, discounted member rates for NACC events and publications, NACC News, membership directory

INSTITUTIONAL / CONTRIBUTING ~ Dues \$450

For individuals, institutions, agencies, corporations and/or consulting firms. Benefits: Information Packet, sample Policies and Procedures Manual (on request), discounted member rates for NACC events and publications, NACC News, membership directory.

SUPPORTING ~ Dues \$135

For individuals only. Benefits: Information Packet, discounted member rates for NACC events and publications, NACC News, membership directory.

INDIVIDUAL ~ Dues \$85

For individuals only. Benefits: NACC News, membership directory and discounted member rates for NACC events and publications.

ASSOCIATE MEMBERS

SPECIAL ~ Dues \$40

For full-time students, retirees, and/or health care workers earning less than \$15,000/year. Benefits: NACC News, membership directory and discounted member rates for NACC events and publications.

BIRTH CENTER PARENT ~ Dues \$25

For birth center clients. Benefits: NACC News, membership directory and discounted member rates for NACC events and publications.



Register for convention. . .

Reserve your room. . .

Book your flight



See you in California!



National Association of Childbearing Centers

3123 Gottschall Road ~ Perkiomenville, PA 18074

Tel. (215) 234-8068 Fax (215) 234-8829

Visit us online at www.BirthCenters.org

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